

400 METERS					
	Name	Age	Residence	Time	Year
MEN					
M30	William Mccaskill	M30	?	48.35	2016
M35	Kettrell Berry	M39	San Diego, CA	49.71	2002
M40	Carlos Amado	M41	San Diego, CA	49.86	2002
M45	James Chinn	M45	San Marcos, CA	52.27	2004
M50	Horace Grant	M52	Houston, TX	54.01	2005
M55	James Chinn	M55	Del Mar, CA	55:96	2014
M60	Larry Barnum	M60	Reno, NV	56.74	2004
M65	Frederick Lindsley	M69	Grand Terrace	1:07.79	2014
M70	Don Cheek	M70	Fresno, CA	1:06.51	2000
M75	Jim Selby	M75	Fallbrook, CA	1:17.88	2004
M80	Frederic Tompkins	M83	Tucson, AZ	1:26.29	2000
M85	Conrad Shuck	M86	San Marcos, CA	1:45.48	2001
M90					
M95	Everett Hosack	M98	Chagrin Falls, OH	3:53.10	2000
WOMEN					
W30	Elizabeth Hubert	W34	San Diego, CA	01:16.7	2016
W35	Veera Bisoph	W36	Carlsbad, CA	1:14.23	2015
W40	Beverly Jephcott	W44	La Mesa, CA	1:01.67	2003
W45	Jai Black	W45	San Diego, CA	0:58.31	2007
W50	Jai Black	W51	San Diego, CA	1:02.40	2014
W55	Lynn Naftel	W57	Escondido, CA	1:09.99	2002
W60	Jeanne Bowman	W61	Santa Ana, CA	1:18.22	2014
W65	Pat Kelly	W66	San Diego, CA	1:22.60	2016
W70	Sumi Onodera-Leonard	W72	Huntington Beach, CA	1:29.98	2000
W75	Marjorie Lawson	W75	Vista, CA	1:48.68	2000
W80	Sumi Onodera-Leonard	W80	Huntington Beach, CA	2:01.03	2008
W85	Gerry Davidson	W85	Fallbrook, CA	2:24.74	2006